

THE
WHITE LION
NITON

Our chefs are proud to support local suppliers to create the best dishes possible. We believe local producers and suppliers go hand in hand with a great kitchen team. Our menu is constantly evolving to coincide with the seasons and to showcase the best quality produce the Island has to offer. All our food is cooked to order, so there may be a wait during busier times.

TO START

SEASONAL SOUP

Please ask your server for today's soup
£6.5

HAM HOCK TERRINE

Smoked Ham & Chicken Terrine, Parsely
Butter, Piccalilli, Toasted Brioche
£7.5

TOMATO SALAD

Heritage Tomato Salad, Isle of Wight Goat's
Cheese, Raspberry & Pink Pepper Puree,
Balsamic Caviar
£8.5

SCALLOPS

Roasted Scallops, Crispy Artichoke, Trout
Roe, Beurre Blanc
£10.5

KIEV

Potted shrimp and Hake Kiev,
lemon and dill salad cream
£8

MAINS

PORK

Tenderloin of Pork, Baked Onion, Local
Carrots, Pickled Mushrooms, Nasturtium
£17

LINE CAUGHT SEA TROUT

Chalk Stream Trout, Wilted Lettuce,
Fricassee of Spring Vegetables, Cured
Trout, Chervil, Tomato
£8.50 / £16.5

DUCK

Breast of Magret Duck, Leg Terrine,
Fennel Jam, Turnip, Tarragon
£18.50

COD

Fillet of Cod, Caramelised Sweet Potato,
Snow Peas, Katsu Sauce
£16.50

QUINOA

Beetroot Quinoa, Textures of Living
Larder Beetroot, Toasted Almonds,
Crispy Chard
£8 / £13.50

FOR THE TABLE

Marinated Olives £3.5

Homemade Rosemary & Garlic Focaccia £4

Hummus and Semi-dried Tomatoes £4.5

Homemade Flatbread with Aioli dip £4.5

PUB FAVOURITES

BATTERED HADDOCK

Islander Ale Battered Haddock, Garden Peas,
Charred Lemon, Chunky Chips, Tartare Sauce
£7.5 / £14

WHITE LION BURGER

Smoked Applewood, Crisp Gem Lettuce, Tomato,
Gherkin, Caramelised Onions, Harissa Mayonnaise
served in a Tennessee Brioche Bun, Rosemary
Salted Skinny Fries
£14
Add Bacon £1.50 / Add I.O.W Wild Mushrooms
£1.50

FALAFEL BURGER

Falafel, Asian Slaw, Crisp Gem Lettuce, Tomato,
Gherkin, Vegan Mayonnaise served in a Tennessee
Brioche Bun, Rosemary Salted Skinny Fries
£12

WHITE LION 'PROPER PIE'

Chef's Pie using Short Crust Pastry, Seasonal
Vegetables, Creamy Mash or Chunky Chips.
£12.5

I.O.W 10OZ RUMP STEAK £22

10OZ SIRLOIN STEAK £25

All Steaks are served with Wild Mushrooms,
Watercress & Chunky Chips.

With a choice of either Peppercorn, Béarnaise
or Blue Cheese Sauce.

Upgrade to 'Posh Chips' for £2.50

SIDES

Seasonal Vegetables £4

Creamy Mash £3.5

Skinny Fries £3.5

Chunky Chips £3.5

Posh Chips: Parmesan, Truffle, Bacon £5

House Salad £4

FOR LUNCH

Please be aware our lunchtime menu is only
available between 12pm - 2.30pm on
weekdays and 12pm - 5pm on weekends.

SANDWICHES

All our sandwiches are served on white,
brown or gluten free bread with crisps.

Smoked Salmon

Lemon, Cream Cheese & Chives
£7.5

Cheddar Cheese

Spicy Tomato & Caramelised Onion Chutney
£6.50

FLATBREAD WRAPS

All flatbreads are chargrilled & served with
skinny fries.

Chargrilled Minute Steak

Asian Slaw, Crispy Shallots, Aioli, Tomato,
Crisp Gem Lettuce
£14

Homemade Falafel

Crispy Shallots, Vegan Mayonnaise, Tomato,
Crisp Gem Lettuce
£10

Battered Fish Goujons

Homemade Tartare Sauce, Tomato, Crisp
Gem Lettuce
£12

BBQ Chicken Flatbread

BBQ Chicken, Crispy Bacon, Smoked Cheese,
Baby Gem
£14

SALAD

Caesar Salad

Soft boiled Egg, Crisp Gem Lettuce,
Parmesan, Crispy Bacon, Anchovies, Caesar
Dressing. Add Chicken & Bacon for £4.50
Small £6 / Regular £10

If you have any allergies or intolerances, please let a member of staff
know so we can create something to suit your requirements

Lunch
Monday - Friday: 12pm - 2.30pm

Dinner:
Monday - Friday: 5.30pm - 9pm
Saturday & Sunday: 12pm - 9pm